

BSSC SAIL TRAINING 2019
ASSISTANT INSTRUCTOR COURSE - PRESENTATIONS

Toby Baldry	Clothing
Fiona Borthwick	The Five Essentials
Jonty Duncan	Sources of Weather
Jack Hargreaves	How to use a Tide Table
Imogen Johnson	Causes of Tide
Niamh Marsden	The Beaufort Wind Scale
Alfie McCormick	Picking up a Mooring
Sam Norgren	Man Overboard
Elanor Raper	Coming alongside
Ella Smith	Lee Shore Landing
Harry Turner	Anchoring
Jack Welsh	Ropework – Bowline, Round Turn & Two Half Hitches, Figure of Eight, Reef Not (Teaching it to the group)
Archie White	Capsize Recovery (Single and Double Handed boats)